

Friday, March 13, 2020

Dear Boys & Girls Club Community,

Following the Coronavirus disease (COVID-19) outbreak and Governor Whitmer's executive order to close all K-12 schools in the State of Michigan, ALL Boys & Girls Club of the Muskegon Lakeshore locations will be closed effective immediately as of today, Friday, March 13th - Friday, April 3rd. As a reminder, we recommend these preventive actions, suggested by the State of Michigan, that every family should take to prevent exposure to COVID-19.

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Stay home when you are sick.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Follow CDC's recommendations for using a facemask:
  - o CDC *does not* recommend that people who are well wear a facemask to protect themselves from respiratory diseases, including COVID-19.
  - o Facemasks should be used by people who show symptoms of COVID-19 to help prevent the spread of the disease to others.

## Wash your hands often:

- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- It takes an average of 11.8 seconds to sing the entire *Happy Birthday* song, so if you sing it twice, that will ensure you've scrubbed long enough. This is a great method to share with children in your family. While this measure is simple, it is effective.
- If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.
- For more information about handwashing, see CDC's Handwashing website
- The CDC also provides specific guidance for travelers.

BGCML is in the process of increasing our Virtual Club Experience to provide more opportunities for youth during the time that BGCML is closed. In the meantime BGCML has a list of resources on our website (bgclubmuskegon.com/covid19) ranging from youth education of COVID-19 to free internet provided by Comcast. We will be sending out more information regarding the Virtual Club Experience over the next few days.

Because this is a rapidly evolving situation, information will be updated on BGCML's website (bgclubmuskegon.com) as additional guidance becomes available. Our commitment to you and your children is unwavering, and our goal will continue to be to provide a safe and welcoming place for all youth in our community.

Dakota Crow Chief Professional Officer